

# Community Cooking at St Luke's

Calendar for residents of EC1



## September 2017

Date	Time	Class	Price per class	Please tick
Mon 4th	4pm – 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Tues 5th	10.30am – 12.30pm	St Luke's Multicultural Group. With Hulya	By donation	
Wed 6th	11am – 1pm	Ready, Steady, Let's Cook. Cookery classes for local adults.	£2.50	
Wed 6th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Thurs 7th	10am - 12pm	Seasonal Vegetables ( Growing connections ) with Julia Chalkley.	By donation	
Mon 11th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Wed 13th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Wed 13th	7pm – 9.30pm	Monthly Cookery Club with Margaret Clancey	£5/ £30	
Thurs 14th	10.30am - 12.30pm	Bilingual Cookery - Class ( Spanish )	£3	
Mon 18th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Fri 22nd	11am – 1pm	Potting & Preserving Pesto & Sott Olio making	£3	
Mon 25th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	
Wed 27th	11am – 1pm	Ready, Steady, Let's Cook. Cookery classes for local adults.	£2.50	
Wed 27th	4pm - 6pm	Family Cook and Eat. Cookery classes for parents and children	50p per person	



Prices above are concessionary rates for St Luke's members and local residents of EC1. If you are not a member and/or live outside this postcode you can still book and join us but please do so online: [www.centralstreet.org](http://www.centralstreet.org)



# What's new in September

For St Luke's Members and residents of ECI.



<p><b>Ready Steady Let's Cook</b></p> <p>Come and join us make some fabulous dishes, learn news skill and meet new people. Sit down and eat together in our new edible garden, behind the cookery school. Enjoy!!</p> <p><b>Wednesday 6th &amp; 27th Price: Only £2.50 (concessionary ECI residents) or £15 to anybody else.</b></p> <p>To book just fill in a booking form and hand to reception together with payment.</p>	<p><b>ECI Spanish Cookery Club</b></p> <p>If you are learning or speak Spanish and want to brush up on this whilst cooking delicious food, this class is for you.!</p> <p>Si usted es hispanoparlante y quiere practicar su ingles, lo invitamos a esta clase de cocina donde cocinaremos en ingles y español.</p> <p><b>Thursday 14th 10.30am – 12.30pm £3 per session</b></p> <p>To book just fill in a booking form and hand to reception together with payment.</p>
<p><b>Monthly Cookery Club</b></p> <p>Come and celebrate summer by creating a delicious meal with our lovely Chef Celia Brooks. Bring a friend or two, bring your own drinks and enjoy cooking in our lovely school and eating a meal in our secret garden at the back.</p> <p><b>Wednesday 13th 7-9.30pm</b></p> <p><b>Price £30 / £5 concessionary to ECI residents</b></p> <p>To book just fill in a booking form and hand to reception together with payment.</p>	<p><b>Potting and Preserving: PESTO and "SOTT' OLIO"</b></p> <p>In this class we will learn to make "sott'olio" with different types of vegetables (preserving in oil, Italian style as demonstrated by Marco) and how to make a variety of pesto out of different leaves, nuts and seeds. Please remember to bring some jars.</p> <p><b>Friday 22nd 11am-1pm Price: £3</b></p> <p>* For information on the trip to the pick your own farm, please contact Heather: <a href="mailto:hstabler@slpt.or.uk">hstabler@slpt.or.uk</a> or call : 0207 5498197</p>

**How to book :** 1. Tick the box next to the classes you would like to book. 2. Fill in your details below. 3. Return this form with payment to St. Luke's reception. 4. Get a copy of this as proof of receipt

Name:

Address:

E-mail:

Postcode:

Mobile:

I have made the following payment : £ \_\_\_\_\_

Signed:

Date:

Central Street Cookery School, St. Luke's Community Centre, 90 Central Street London EC1V 8AJ  
+44 (0)20 7549 8176, [info@centralstreet.org](mailto:info@centralstreet.org)



Central Street Cookery School is a unique place for people of all ages to discover the benefits and joys of home cooking and healthy eating.

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